Maternal-Fetal Medicine of the Mid-Atlantic

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Diabetes Blood Sugar Log

Sugar Target Ranges: Before Breakfast = 60 - 90 and 2 Hours After STARTING Meals = 60 - 120 Patient Name: ______Date of Birth: _____

		2 HR After	2 HR After	2 HR After		
Date	Breakfast	Breakfast	Lunch		Keytones	Comments