

MELBOURNE MATERNAL-FETAL MEDICINE

DIABETES LOG

Log can be emailed to: DG_melbournemfm_patients@pediatrix.com

Name:

Date of Birth:

	Bood Sugars				Insulin Dosage				
Date	Before Breakfast	2 Hours After Breakfast	2 Hours After Lunch	2 Hours After Dinner	Breakfast	Lunch	Dinner	Bedtime	Notes

Fasting 70-95 mg/dL

2 Hours After Meal < 120mg/dL