

DEVELOPMENTAL MILESTONES

	Motor	Communication	Cognitive
3 Months	<ul style="list-style-type: none"> Lifts head and chest when on tummy Pushes onto forearm when lying on tummy 	<ul style="list-style-type: none"> Produces a social smile Makes cooing sounds Responds to sound or voice 	<ul style="list-style-type: none"> Follows or tracks horizontally, vertically and in a circle
6 Months	<ul style="list-style-type: none"> Pushes onto extended arms when on tummy Reaches for objects when on tummy Reaches for hanging objects Transfers objects from hand to hand Rolls from stomach to back (and sometimes back to stomach) 	<ul style="list-style-type: none"> Blows raspberries Makes and imitates sounds (e.g., squeals) Begins to make babbling sounds (e.g., “ba,” “ma,” “da”) Laughs aloud Orients to voice and sounds 	<ul style="list-style-type: none"> Can pick up an object intentionally Brings objects close to explore
12 Months (1 year)	<ul style="list-style-type: none"> Gets to sitting independently Crawls Pulls to stand Walks holding onto furniture Takes steps with caution Uses pincer grasp to pick up objects 	<ul style="list-style-type: none"> Says “mama” and “dada” specifically for parent Says two other words Imitates sounds Responds to name Understands “no” Uses gestures (e.g., clap, wave) Follows one-step commands combined with gestures 	<ul style="list-style-type: none"> Explores objects and environments Bangs objects together Looks for an object that falls off the table Shakes a rattle Can put an object into a container Finds hidden objects easily
18 Months	<ul style="list-style-type: none"> Walks independently Stands up without holding on Squats and recovers Begins to run Scribbles spontaneously 	<ul style="list-style-type: none"> Says seven to 10 words Points to pictures Can identify at least two body parts Follows a one-step command without gestures 	<ul style="list-style-type: none"> Can put multiple objects in a larger container Can take objects out of a container Can imitate putting large pieces in a puzzle
24 Months (2 years)	<ul style="list-style-type: none"> Carries or pulls toy while walking Runs well Jumps on two feet Kicks a ball Climbs stairs while holding on Climbs onto furniture 	<ul style="list-style-type: none"> Says at least 50 words Uses two-word sentences Follows two-step commands 50% of speech is understood by a stranger 	<ul style="list-style-type: none"> Scribbles Completes large two- to four-piece puzzle Makes a tower with four blocks Emerging pretend play Starts sorting objects
36 Months (3 years)	<ul style="list-style-type: none"> Climbs up and down stairs alternating feet Balances on one foot for up to 5 seconds Can hop on the same foot Throws a ball overhanded Pedals a tricycle 	<ul style="list-style-type: none"> Uses three-word sentences Uses pronouns Communicates in turn-taking conversations Understands prepositional commands (e.g., “in,” “on,” “off”) Answers “W” questions (e.g., Who?, What?) 	<ul style="list-style-type: none"> Names at least one color Draws a circle Sorts by shape, size and color Can draw a person with at least two body parts